



MOUNT CARMEL NEWSLETTER

Notes from Barrett

About "Guidance"

Questions (strange questions):

1. When you have to make an important decision, do you ask advice from toddlers?
2. When you need to find truth and direction, do you seek the wise counsel of an infant?
3. If you want to be motivated and inspired to passionately achieve something good, do you confer with a newborn?

Media Data:

- The first 24-hour news station was established in the **1980's**.
- Personal computers were right around that same time (**80's**).
- The first laptop was released in the **early 1990's**.
- The internet went public in the **late 1990's**.
- Facebook began in **2004**.
- Twitter started in **2006**.
- The iPhone was first released in **2007**.
- Instagram started in **2010**.

More questions (less strange):

1. How many times a day do you plug into one of the sources listed above?
**Did you know Facebook users access Facebook an average of 8 times every day? I wonder how long each visit lasts...and that's just one of those sources.*
2. How many times a day do you seek out important information from one of those sources?
3. How many times a day do you look to learn truth from one of those sources?
4. How many times a day does that information guide your decision making?
5. How many times a day do those sources elicit an emotional reaction from you? Which kind of emotions are most common: positive or negative?

Perspective:

All of those news sources (media) above have come into being since the 1980's.

Half of them didn't even exist 20 years ago.

Put that in context of our country's lifetime...those sources are toddlers.

Put that in the context of our continent's recorded history...they are infants.

Put that in the context of the Common Era...they are newborns.

Put that in the context of creation...you can no longer comprehend how small.

More data:

- The bible (IN PRINT) has existed since the 1400's; nearly **600 years**.
- The words and actions of Jesus have been around since the 1st century CE; approximately **2,000 years**.

- The first scriptures may have been written around 1500 BCE, that's 1500 years before Jesus, so **3,500 years ago.**
- Access to God's Spirit in prayer has been around as long **as people have existed.**
- **God is eternal. Always was, always is, and always will be.**

3 Final Questions

1. When you have to make an important decision, where do you turn first and where do you spend the majority of your time?
2. When you need to find truth and direction, where do you turn first and where do you spend the majority of your time?
3. If you want to be motivated and inspired to passionately achieve something good, where do you turn first and where do you spend the majority of your time?

"When the Spirit of truth comes, he will guide you into all truth." -John 16:13

Sermon Series



Upcoming Events

September 12 8:00am-10:30am

Garden Workday

September 11 7:30pm

Outdoor movie for families with children/youth

September 13

New sermon series - *Moving Out*

Outdoor Worship Begins, 8:00am

Deacon Election

September 20

Deacon Ordination

September 23 6:00pm

Church Conference

September 26 8:00am-10:30am

Garden Workday



Outdoor Worship
Begins

Sunday September 13
8:00am



Deacon Election
Sunday September 13



Deacon Ordination
Sunday September 20



Church Conference
Wed. September 23
6:00pm
grab a seat in front of the
Fellowship Hall

Take Note!

Church Office is OPEN!

If you need to stop by, it'll be great to see you, however, we are asking all guests to do the following:

Check in with Karen in the office; let her know what you need and where you'll be in the building

Wear a mask or we will try to provide you with one

small groups & teams

Resuming in June. There are 5 procedures we ask you to follow:

1. Communicate

Communicate with Kimberly kimberly@mcabc1803.org to let us know when and where you are meeting

Communicate with your group; make sure all in attendance are in agreement

Accommodate those who are unable to attend

2. Wear masks

3. Maintain a healthy distance from one another

4. Clean your space

5. Take attendance

Get Involved

PRAYER GROUP

Every Sunday at 7pm the church meets together online via Zoom for prayer. Contact Debby Berry at dberry@unch.unc.edu for details.

MINISTRY RESOURCES

Several small groups and classes are being offered online via Zoom. For details, visit www.mcabc1803.org/covid-19. You can also find Children & Youth ministry resources and updates on the website.

NEW: Beginning September 10 and running through March 13, Kathy Russell of Fresh Water Ministries will be teaching a women's bible study titled *Teaching from the Prophets: Elijah, Elisha, Jonah* on Thursday and Friday mornings at 9:30am via Zoom. Anyone interested in participating should contact Brenda Middour at bsw0113@att.net.

GOOD NEIGHBOR PROJECT

During the onset of the pandemic, the church launched the Good Neighbor Project to assist neighbors in need with various tasks such as grocery shopping and delivery, helping a neighbor move, or helping a neighbor till their garden. You can sign up to be a good neighbor at www.mcabc1803.org/covid-19.

The church also launched a drive-thru Missions Project that takes place every Saturday between 9am-11am where you can drop off the following at church for IFC and CORA:

- Canned meats (spam, tuna)
- Canned veggies
- Dry milk
- Pastas
- Cereal
- Hygiene supplies
- Cleaning supplies
- Temporal thermometers
- Face masks
- And the following items for prisoners at Orange County Correctional:
 - Hygiene items - especially soap, stick deodorant, toothpaste, and shampoo
 - Clothing for the men when they work outside the prison

*Pull into church on the north (Sanctuary) side, drive behind the building, pop your trunk, and someone will be there to retrieve your items.

*Contact John Davison to volunteer with the drive thru at johndavison01@gmail.com.



INTER-FAITH COUNCIL FOR SOCIAL SERVICES (IFC)

Great news - IFC's new building at 110 West Main Street in Carrboro is getting close to completion! They expect to move into the new building by the end of 2020. Thank you for your role in making this dream a reality for our community!

While food security is a major focus, the new building will house so much more! This will be the location of IFC's main offices and all of their non-shelter programs: Community Kitchen, Community Market (formerly the Food Pantry), Emergency Assistance, Housing Support, Activate! IFC, and REAL Transformation (Race.Equity.Action.Leadership). It will also offer three meeting spaces to the community-at-large. After receiving 32 name submissions from IFC members, staff, volunteers, and board members, IFC has chosen a building name...IFC Commons!

The Mt. Carmel Community Garden made it through August's dry spells and thunderstorms, and is looking great! The irrigation and drainage systems have helped to keep the plants happy. If you've never seen 7-foot okra stalks, you should come and visit! We were able to harvest a basketful of okra alone, every 2 days at the beginning of September, in addition to tomatoes, cantaloupes, peppers, and peas. Donated produce has been delivered to TABLE and CORA several times each week. (Volunteers to deliver are always welcome!)

The garden is a great place to get exercise and fresh air, and learn something new. We are encouraging everyone to participate, from the children growing cucumbers in their raised beds, to the "not-so-senior" adults helping establish a new herb garden bed. At the beginning of September, the youth got to experience seasonal changes in the garden, pulling out the spent tomato plants and preparing the rows for planting Austrian peas. You may have noticed an area already covered with these vigorous growers; they are used as a cover crop to return nitrogen to the soil in this quadrant of the garden, as it "rests" for a season before being planted again.

In addition to crop rotation, we also maintain a healthy garden environment by mulching to conserve water, and encouraging a variety of beneficial insects. Our garden experts select plant varieties known for disease resistance. When insect pests appear, rather than spraying we prefer to "squish" them at the egg or nymph stage!

We use mulch both around the plants and in the walkways between rows, so please keep bringing in your bags of leaves or pine needles.

Come and see the garden! Fall crops already planted include lettuce, beets, radishes, broccoli, and Brussels sprouts. You will also see cantaloupes and pumpkins ripening on the vines. Next to be added are kale, collards, and Swiss chard. There is always something new to see at the garden!

Those of you who can't visit can still enjoy the beauty of the vegetables and flowers in the garden, in photos. New sets of blank-inside greeting cards are now available for sale, to benefit the mission of the garden! Please contact Anne Stewart for more information, anne.stewart@earthlink.net. In these times when many are isolated and lonely, you can brighten someone's day with a note!

Don't forget to "like" our Facebook page, "Community Garden @ Mt. Carmel," to keep up with garden news. Thank you all for helping families in our community to enjoy healthy food!



MISSIONS & MAINTENANCE DAY AT NORTH CAROLINA STUDY CENTER

September 2020

Our bi-annual M&M Day was cancelled in April due to the rise of covid-19. On Saturday August 29th, M&M volunteers were finally able to complete their missions project - assembling tables for UNC students at the North Carolina Study Center, located at Battle House.

To the volunteers today at the Battle House: Thanks to all for your effort as we ministered to the North Carolina Study Center by donating 4 study tables for use by students. It is pleasing to know many members of MCBC signed the tables on the reverse of the tops with kind words of support and prayers for the work of the study center. It was a gratifying day of ministry action to Gods glory and you helped make it happen. In His Service, Ann Smith and Ken Samuelson



Notes from Will

I hope this finds you doing well and catching glimpses of God's presence even in the middle of a global pandemic. I am excited to share with you some exciting news about the upcoming calendar for our youth.

This fall, the Mount Carmel Youth and Children's departments have worked together to create a unified calendar and program structure. The goal of this structure is to help our youth, children, and their families grow together in these four categories: worship and discipleship, missions, care, and fellowship. Each Sunday will focus on worship and discipleship and then once a week we will meet to focus on one of the other categories. For the most part, these things will happen in separate groups, however, the calendar builds in dates for both groups and their families to come and work, play, and pray together.

In order to help communicate effectively, Virginia and I will begin using the church website as the primary form of sending out information and updates regarding Youth and Children's events and activities. So, be on the lookout for a new space on the website that will provide a place for virtual "bulletin boards" for the Youth and Children's departments.

As times continue to be uncertain and ever changing in light of the Coronavirus, until further notice, all of the in-person events on the calendar will be outdoors. Please come prepared to keep a safe distance from others, we recommend that you wear a mask, and please be mindful that people have a variety of comfort levels, so please be respectful of other's space and preferences.

Here is what's coming up in September:

9/2: Youth Garden Workday, 6pm (mission activity)

9/11: Youth and Children Family Movie Night, time TBA (family fellowship activity)

9/16: Youth Letter Writing, 6pm (care activity)

9/23: Youth Fellowship Night, 6pm (youth fellowship activity)

I hope that you will pray for our youth and their families as they are stretched this fall as disciples, missionaries, caregivers, and friends; and I pray that God's peace will be with you in this trying time and that you are overwhelmed by the Lord's blessings in these days.



Notes from Virginia

The children's Summer Compass program has come to an end and their fall curriculum will begin after Labor Day. Like the youth, each month the children will have a mission project and a care emphasis, and several scheduled meeting times for study. For September:

Mission: Church Garden (volunteer on one of the Garden Workdays in September)

Care: Write letters to shut-ins

13- 4 pm Zoom Meeting (Music, Bible Study, and Prayer)

20- Virtual Classroom

27- 4 pm In-person arts and crafts, game, and application of Bible story behind the church under the shelter

Mount Carmel Church Preschool

Mt. Carmel Church Preschool kicks off the preschool year a bit differently for 2020! For the month of September, we will host playground playdates. Children will come a few mornings a week for two hours to enjoy playtime outdoors with friends. The teachers are so ready share their "warm hearts" with the children and their families.

MCCP is part of the Durham & Orange County Preschool Association (DOPA). This monthly meeting gathers all the preschool directors from both counties allowing the schools to share ideas, hopes and concerns. The Chapel Hill division of DOPA also gathers for monthly meetings. This smaller group, with the approval from their churches and preschool boards, has made a collective decision that our schools will not open for indoor in-person learning for at least 2-4 weeks after the implementation of phase 3. We hope that means that we will open for indoor instruction on Monday, October 12th.

Currently, we have one open space in our two-year-old class and one open space in our three-year-old class for the fall. Please help us spread the word!

Thank you for sharing your home with us and allowing us to share God's love throughout the community.

Notes from the Congregation

Thank you so much for allowing our family the use of the church on our special day. Take care during this time and always. Hope to visit again soon! -Laura and Mason Montgomery

Celebrations in Our Congregation

Birthdays

02 John Davison
 02 Jennifer Klingel
 04 Dennis Hill
 05 Isabel Lattanzio
 05 Pat West
 06 Ashlyn Jenkins
 08 Crystal Sparrow
 10 Mary Daiker
 11 Diane Riibe
 12 Shirley Davis
 13 Michael Perdue
 14 Keith Norwood
 15 Linda Harris
 16 Melanie Mather
 17 Lois Hoenig
 17 Walter Stone
 17 Ann Smith
 18 Brian Scarry
 19 Kelly Daiker

Birthdays (continued)

21 Hailey Blanchard
 21 Ann Oakley
 22 JoAnne Merritt
 22 Arwen Helms
 24 Chris Hunt
 25 Elizabeth Fisher
 26 Olive Capps
 26 Greg Dalton
 27 Mark Burnett
 27 Sandra Stinnett
 28 Will Hendrick
 28 Aaron Smith
 28 Paul Mather
 30 Iva Gettier
 30 Kim Johnson

Anniversaries

03 Charles and Allyson Wieland
 04 Daniel and Katie Jenkins
 11 Glenn and Melissa Lassiter
 14 Dan and JoAnn Dalton
 27 Eddie and Patsy Williams

Prayers for Our Congregation

Celebrations: Welcome new members, Keith and Kim Norwood and Rebecca Haas. Clarence and Valerie Potter announce the engagement of their son, Will Potter, to Diane Miller. Will is a LT and acting training Captain at Carrboro Fire Rescue. Diane is an ED physician at UNC and also the physician for the NC Highway Patrol. They are planning an October 2020 wedding. Caroline Arnold announces her wish to be baptized.

New Prayer Concerns: Ron Woody; Gayle Mizelle; Norma McKay; Jewell Blackwood; Sherri Burch; Jean Atwater

Hospital: Duke, Ron Woody; Moses Cone, Robert Middour's son, Rob; UNC Hillsborough, Jewell Blackwood

Continue to Pray for: Deb and Ben Berry; Jewell Blackwood's brother, Deryl Merritt; Tommie Blackwood's friend, Linda Woods; Joyce Brimfield; Paul Brimfield; Manna Traas-Chapin; Pat Clark's granddaughter, Jenna; Ron Craig's aunt, Patrica; Jo Ann Dalton; Will Diggs; Ashley Woody Goodwin; Pat Horton; Elaine Jeffcoat; Robert Middour's son, Rob; Valerie Potter; Cecelia Ramsey; John Russell; John and Jan Russell's son, John Jr.; Susan Smialowicz; Crystal Sparrow's nephew and her sister, Jack and Lisa; Kimberly Steiner's grandmother, Eleanore Carr; Peggy Yates.

Care Facilities: Linda Harris (2309 Ellington St., Durham, NC 27704); Taffy Moore (Brookshire Nursing Facility, 300 Meadowlands Drive, Room 210B, Hillsborough, NC 27278); Doris Upton (Brian Center, 515 S. Generals Blvd, room 616, Lincolnton, NC 28092); Paul Brimfield (Atria Southpoint Walk, 5705 Fayetteville Road, Room 6116, Durham, NC 27713, phone 919-423-6617).

Deaths: Family of Elward Horton; Family of Clarence Potter on the passing of his sister-in-law, Susan Potter; Phyllis Bender's husband, Steve Bender