**Arriving Family Food List**

**Based on family of 6 for 4 days (This IS doubled for our family of 10)**

20 lbs. Rice (not quick cooking rice)

5 whole chickens (already cooked ones are great) – Halal is awesome but not required

24 Tomatoes

24 Onions

4 Dozen Eggs

4 Gallons Whole Milk

2 Large Bags Potatoes

4 lbs. Dried Chickpeas/Garbonzo Beans

4 lbs. Dried Lentils

4 lbs. Dried Pinto Beans

4 lbs. Dried Kidney Beans

1 large jar Vegetable Bouillon Cubes

4 Bunches Bananas

2 Bags Apples

2 Teas – Green or Black tea leaves – 1 bag loose leaf, 2 boxes of individual pouches (they have a kettle)

10 lbs Sugar

1 box/container Salt

1 container Black Pepper

1 large container Olive Oil

1 box of butter

1 large container of Plain Whole Milk Yogurt

2 large bags whole Almonds

2 large boxes Golden Raisins

35lb bags of flour for making bread

Baby Wipes

Water – Can be gallon, individual bottles or both – Maybe 2 of the refrigerator sized waters

Treats for children (cookies (they only like Golden Oreos fyi), pastries)

Toilet Paper – Pack of 12 rolls at least (whatever a weeks worth for 6-7 would be)

Paper Towels – Pack of 6